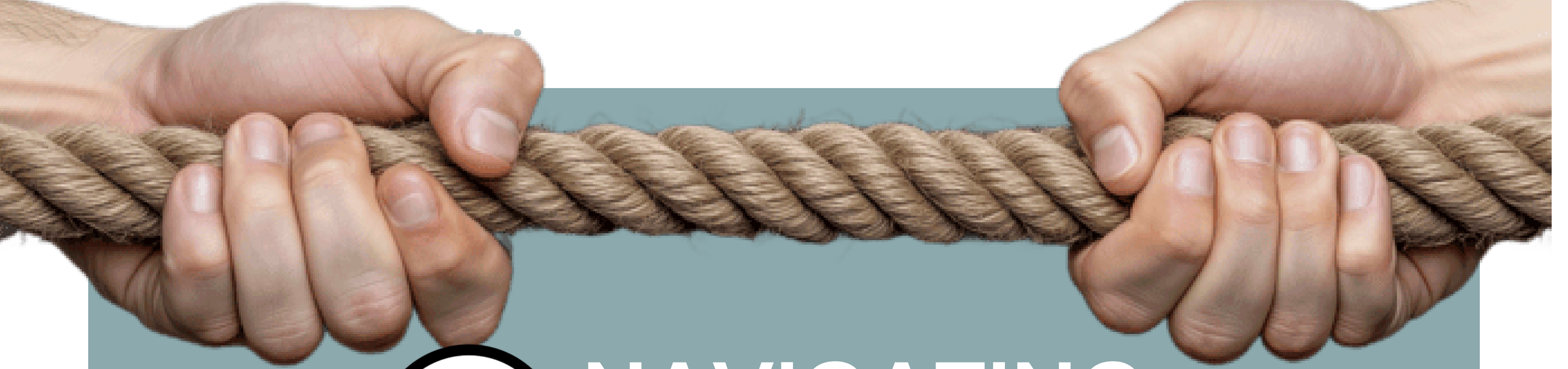


NAVIGATING CONFLICT

Eric Stender, Certified Life Coach
Leaning Forward Life Coaching
www.leaningforward.life/conflict

LFL
LeaningForward.Life

HEBREWS 12:12 NLT

"So take a **new grip**
with your **tired hands** and
strengthen your **weak knees**.
Mark out a **straight path**
for your feet so that those
who are weak and lame will not
fall, but **become strong.**"
Hebrews 12:12-13 NLT



About Me

- On Pastoral Team in Mason City, IL
- Internationally Certified Life Coach
- AG Coaching Member
- AG Coaching Endorsed Coach
- Actively coaching ministry leaders
- +300 hours of experience
- Cross-Cultural Longevity
- Clarity, Confidence, Consistency



ICF International Coaching Federation Member

ACC ASSOCIATE CERTIFIED COACH ICF

AG Coaching Coalition Level 3

AGCC (coaching.ag.org)
Global Support Team
Marketing Team

LEANING FORWARD TOGETHER

LeaningForward.LIFE/coaching →

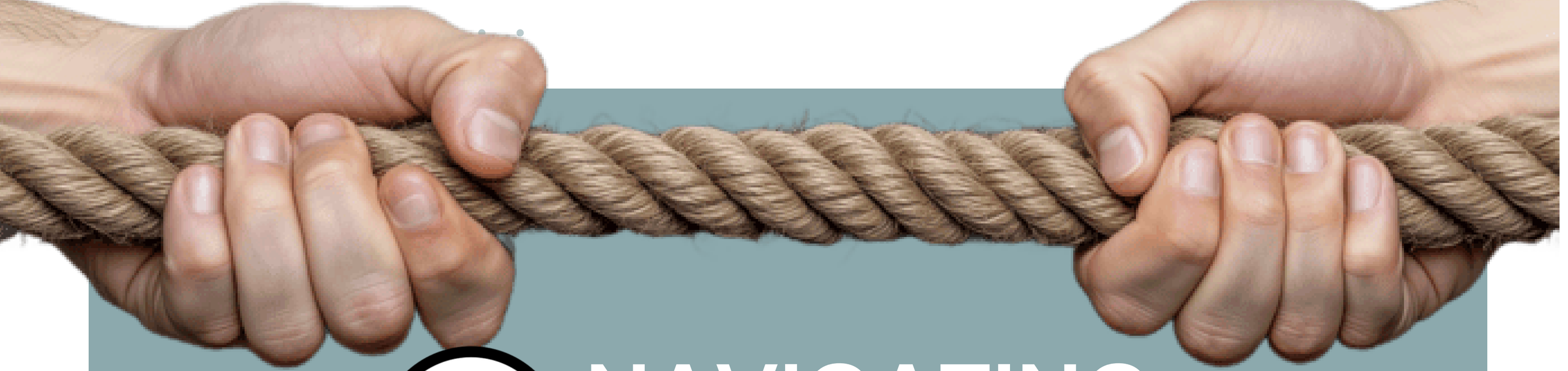
Let's connect!

LeaningForward.LIFE/coaching

Cross-Cultural Longevity

“Coaching is a structured, Spirit-aware conversation that helps leaders **think clearly** and **lead intentionally**. Coaching is a thought-provoking partnership that can help you move forward with greater clarity, confidence, and purpose.
A coach listens, asks meaningful questions, and creates space for reflection and discovery. Rather than simply giving you answers, a coach helps you **uncover new perspectives,** recognize possibilities, overcome obstacles, and identify practical **next steps .toward your goals.”**

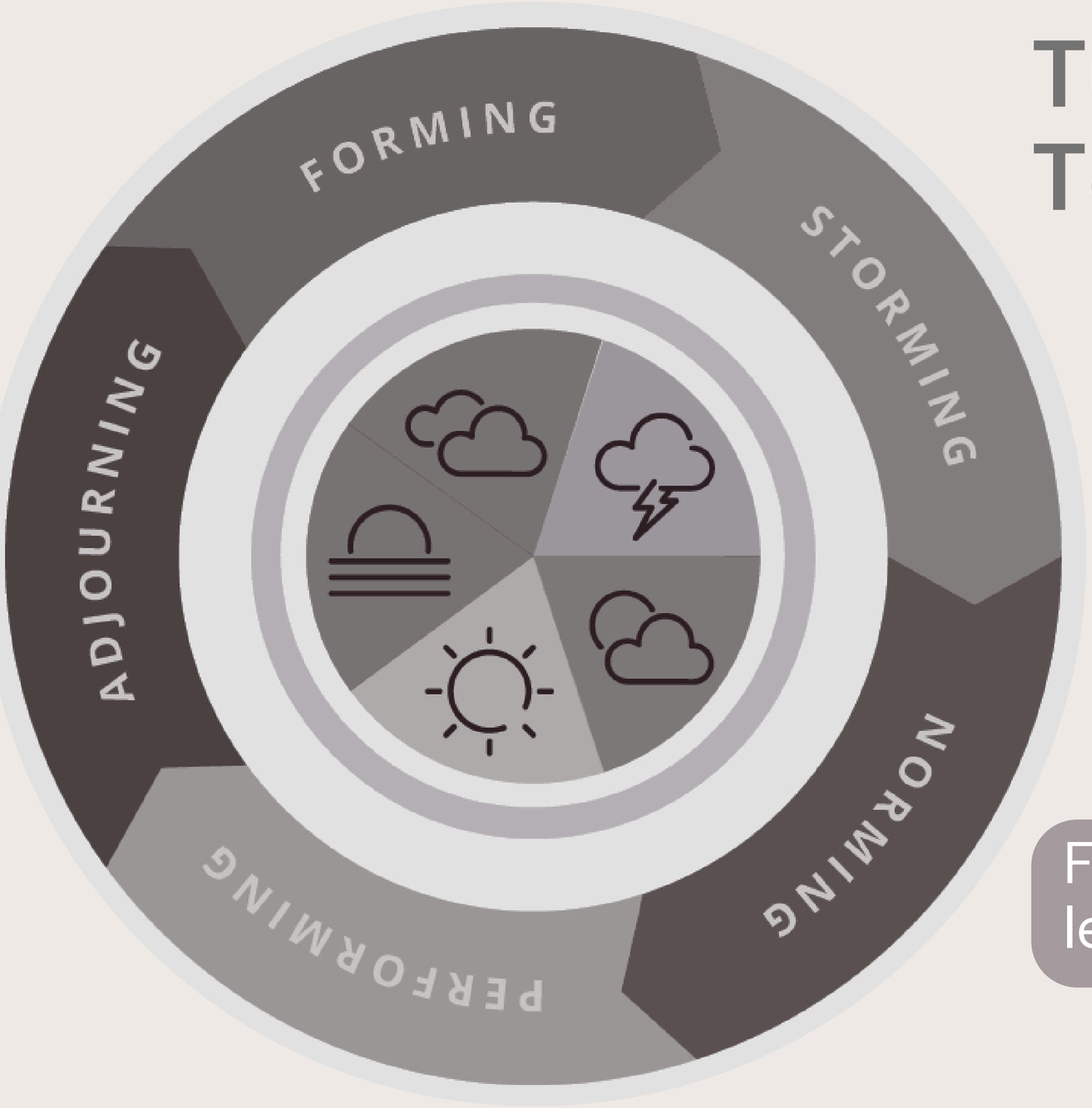
AG®
COACHING
Well-Trained Coaches.
Spirit-Led Conversations.
Healthy Leaders.
Thriving Ministries.



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Tuckman's Stages of Team Development

- Forming
- Storming
- Norming
- Performing
- Adjourning

Find discovery tool:
leaningforward.life/conflict


BULLDOZER


TEAM BUS


AMBULANCE


GETAWAY CAR

Vehicles of Conflict



BULLDOZER: Competing



AMBULANCE Accomodating



GETAWAY CAR Avoiding



TEAM BUS Collaborating

March April 2020

Conflict Resolution







3 Types of Conflict

- External
- Internal
- Upward

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Developing the Posture to Navigate

- Humility
- Willingness to Listen
- Kindness

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Coaching Demo (15-20 min.)



- 2min. summary current conflict
- Deeper issue below the surface?
- Which vehicles are in use?
- Which vehicle do you need?
- What needs to change in your posture or approach?
- What is your Action Step?

“Coaching conversations create space,
build awareness, and make room for hope.”

Let’s stay connected!

- ReachCoachEric@gmail.com
- **leaningforward.life/conflict**
- **Free 2-Session Coaching Package**
- 21 Pictures Coaching Exercise
- Cross-cultural Survey (7 questions)
- LEANING FORWARD TOGETHER



International Coaching Federation Member

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Cross-Cultural Longevity