



COHORTS

IDC REGIONAL CHURCH HEALTH **COHORT**
- FREE **COACHING** OPPORTUNITY -

***Do you want to make progress in these areas of church health,
but find it hard to follow through...***

with the concepts and ideas shared in our dynamic monthly cohorts?

Many times we can walk away with tons of content, but only ounces of intentional action and follow-through to make the God-birther ideas and dreams become reality.

Eric Stender, associate pastor at Assembly of God, Mason City, IL is offering free coaching for participants in the Church Health Cohort. Eric is an internationally certified coach with the International Coaching Federation. He invites ministry leaders to experience coaching-- a thought-provoking and creative process that inspires them to maximize their personal and professional potential. A coach is not the expert, but a collaborative ally and thought partner in the change you're inspired to make for the Kingdom.

Cohort participants might consider these questions to help them follow through with relevant action steps needed to experience long-term changes that promote church health.

1. What is the top **take-away** from the content of this month's cohort? [Digital Version]
2. What were some "AHA" moments the Lord showed you?
3. What would you like to **try** if you knew it wouldn't fail in this area?
4. What **action** points are do-able in the next month? 90 days?
5. What **dreams** did the content shared awaken within you?
6. How could you develop and empower a **team** to make progress in this topic?
7. Who is a key personal **connection** that can be leveraged to make progress in this area?
What does **progress** look like for your church on this topic?
8. What would need to **change** in you, or in your leaders, to experience growth in this area?
9. What about this topic could be **simplified** in order to make strategic progress?



SCAN ME

Use this as a discussion guide after a cohort or conference with your team. Process this personally or in a coaching conversation over Zoom with me. I'd love to be considered your "**cohort follow-through coach**" to help you keep *moving forward*! Let's get healthy together!



www.leaningforward.life/post/cohort-coach



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